

# \*Workshop Agenda\*

Wednesday, April 20, 2011  
10:15 A.M. - 12:30 P.M.

## WORKSHOP A - 10:15AM - 11:15AM

*MENTAL HEALTH: A FAMILY AFFAIR*  
Substance Abuse and Mental Health Services Administration

**MODERATOR**  
**ALOYSIUS B. CUYJET, MD**  
Chairman - Institute for Health Equity

- System of Care - Susan Burger, FDC
- Education - Nichole Adams, Psy.D
- Mental Health - Diana Johnson, LMHC
- Youth - Carlos Flores
- Child Welfare - Linda Breiding, LMSW
- Parent - Eileen Kadletz

## WORKSHOP B - 11:30AM-12:30PM

*COMMUNITY PSYCHIATRY:*  
*"New Approaches to Mental Health"*  
NUMC, Dept. of Psychiatry and Behavioral Sciences

**MODERATOR**  
**JULES RANZ, MD**  
Director, Public Psychiatry Fellowship NYS Psychiatric  
Institute/Columbia University Medical Center

- **Nyapati Rao, MD**  
Chairman, Psychiatry and  
Behavioral Sciences, NUMC

Medicine in Psychiatry and  
Psychiatry in Medicine:  
Challenges and Opportunities at NUMC.

- **Constantine Ioannou, MD**  
Vice Chairman, Clinical Affairs,  
Dept. of Psychiatry, NUMC
- **Rajvee Vora, MD**  
Clinical Services Director, AMHS  
Dept. of Psychiatry, NUMC

Substance Abuse Identification and  
Intervention in Primary Care Staffing.

Cultural Issues in Awareness and  
Treatment of Mental Illness in  
Public Psychiatry.

### ACCREDITATIONS

**CME**  
The Nassau University Medical Center is accredited by the Medical Society of the State of New York to sponsor continuing medical education for physicians. The Nassau University Medical Center designates this educational activity for a maximum of (3) credits) AMA PRA Category 1 Credit (s)™. Physicians should claim credit commensurate with the extent of their participation in the activity.

**Nursing**  
Nassau Healthcare Corporation, Nassau University Medical Center, Department of Nursing, Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

\* Full participation in the conference is necessary to receive Contact hours \*

### DISCLOSURE

The Nassau University Medical Center relies upon invited faculty participants in its CME Programs to provide educational information that is objective and as free of bias as possible. In this spirit, and in accordance with the guidelines of the program sponsor, faculty participants are expected to indicate any commercial relationship that might be perceived as a real or apparent conflict of interest.

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### NuHealth Mission Statement

NuHealth is a Long Island health care organization delivering essential medical care and disease and lifestyle management to everyone at every stage of life. Also known as the Nassau Health Care Corporation, NuHealth is a public benefit corporation managing the operations of the Nassau University Medical Center, A. Holly Patterson Extended Care and a network of Family Health Centers that bring primary and specialty care into the community. By emphasizing wellness, cultural sensitivity and collaborative efforts with the North Shore-LIJ Health System, NuHealth is working to make good care more affordable and easier to access.

\*For conference updates, <http://www.numc.edu/> and click "News & Events"



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At Nassau University Medical Center  
2201 Hempstead Turnpike • Box 71  
East Meadow, NY 11554



### Conference Objectives:

- Provide an overview of the prevalence of behavioral health issues.
- Learn about some of the innovative interventions that are occurring at the local level.
- Understand the differences between individual and public health psychiatry.
- Review the importance of integrating primary care with behavioral health.

For more information, please call:  
(516) 546-4210 or e-mail: [kbanks@numc.edu](mailto:kbanks@numc.edu)



The Institute for Health Equity

At Nassau University Medical Center

Childhood Adolescence

In partnership with

- Nassau County Department of Health
- Nassau County Department of Mental Health, Chemical Dependency and Developmental Disabilities Services
- Long Island Families Together, Inc.
- Department of Psychiatry and Behavioral Sciences at NUMC

THE MIND IS THE JEWEL OF THE HUMAN SOUL



Geriatric Adulthood

## The 3<sup>rd</sup> Annual Best Practices Conference

*"Educating, Empowering and Strengthening Innovative Mental Health Solutions"*  
Including Panel Discussions

Wednesday, April 20, 2011  
8 A.M. - 1 P.M.

AMPHITHEATER  
Nassau University Medical Center  
2201 Hempstead Turnpike  
East Meadow, NY 11554



CHAIRMAN

Dear Colleagues:

Greetings and welcome to our 3rd Annual Best Practices conference. The US health-care system, beginning last year and continuing forward, is undergoing a radical and fundamental change driven by the Patient Protection Affordable Care Act (PPACA). The changes include monumental shifts in how care is delivered, in how care is reimbursed, and in defining the goals of care (prevention). In the midst of this change is a large degree of uncertainty, driven by political divisions in Washington. However, we cannot let the uncertainty paralyze and prevent us from moving forward. To that end, this year's conference will focus on behavioral health. We will review innovative ways of expanding access, the need to integrate behavioral health with primary care, the concept of public psychiatry, and the impact of culture on behavioral health. We invite and need your input at the workshops as this should be a learning experience for all; stakeholders and providers need opportunities for input; we need to hear from you about your ideas and experiences.

Aloysius B. Cuyjet

Aloysius B. Cuyjet, MD, MPH, FACC, FACP
Senior VP & Chief Health Equity Officer
Chairman - Institute for Health Equity
Professor of Clinical Medicine
SUNY at Stony Brook School of Medicine



EXECUTIVE DIRECTOR

This year's Conference seeks to address issues in the provision of mental health services to vulnerable communities. We are aware of the greater importance of cultural sensitivity and appropriateness in addressing these needs. The issues are not only of access and availability but of the nature and perception of cultural and community needs.

We are particularly proud to be presenting the SAMHSA grant of which NUMC is a partner with other Nassau County agencies, as well as, our Behavioral Health Dept, which has recently expanded its efforts to service our communities.

Thank you.

Carlos Alvarez

Carlos Alvarez, ACSW
Executive Director
Institute for Health Equity

Nassau University Medical Center

WEDNESDAY, APRIL 20, 2011

Nassau University Medical Center

8:00AM -1:00PM

Registration / Continental Breakfast

Welcome / Opening Ceremonies

Aloysius B. Cuyjet, MD

Senior VP & Chief Health Equity Officer
Chairman - Institute for Health Equity

KEYNOTE ADDRESS:



Kenneth Minkoff, MD

Clinical Assistant Professor of Psychiatry
at Harvard Medical School

Kenneth Minkoff, M.D. is a board-certified psychiatrist with a certificate of additional qualifications in addiction psychiatry; a dedicated community psychiatrist.

Changing the World: Integrated Systems
of Care for Individuals and Families with
Co-occurring Conditions.

WORKSHOP A

"MENTAL HEALTH: A FAMILY AFFAIR"

Substance Abuse and Mental Health
Services Administration

WORKSHOP B

COMMUNITY PSYCHIATRY:
"New Approaches to Mental Health"

Dept. of Psychiatry and Behavioral Sciences
Nassau University Medical Center

Questions /Answers
Evaluations, Networking and Exhibits
Closing Remarks

\*\*FREE PARKING AVAILABLE\*\*
(Visitors' Parking Lot)

Parking sticker will be validated

(Please Print)

NAME \_\_\_\_\_

ORGANIZATION \_\_\_\_\_

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EMAIL \_\_\_\_\_

REGISTRATION FEE: \$10

There is a \$15 additional fee to receive these credits.

\_\_\_\_\_ CME \_\_\_\_\_ Nursing

Tear at Perforation

Make Check payable to NHCF # 450705

RETURN REGISTRATION TO:

Best Practices Conference
Nassau University Medical Center
The Institute for Health Equity
2201 Hempstead Tpk., Box 71
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FOR INFORMATION CALL:

516 546-4210 / Fax: 516 546-4214
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